

# Signs of possession

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## **Neurotic, chronic feeling of fear:**

- Fear psychosis "abnormal state of anxiety"

## **Mental illness:**

- Whisperings "waswaas"
- Epilepsy "epileptic attacks which causes people sometimes to shake violently and to lose consciousness"
- Madness "mad or foolish deeds"
- Suspicion "thinking that one is talking about you"

## **Nerve diseases:**

- Uncontrollable movement of a muscle like:
  - Eye trembling "most common"
  - Face trembling

## **Hallucinations:**

- Perceiving things which aren't there in reality

## **Sexual problems:**

- Impotence "men aren't able to get an erection"
- Premature ejaculation "emission of semen"

## **Nightmares:**

- Dreaming about animals:
  - Dogs, snakes, cats, etc...
- Dreaming about insects:
  - Spiders, cockroaches, etc...
- Falling from high buildings/places
- Dreams of sexual nature:
  - Possibly a djinn who's in love with a human

## **The listening to Koran recitations or the reading of the Koran or the prayer gets difficult:**

- Tightness
- Dizziness
- Headache
- Crying "bursting into tears"
- Fatigue
- Yawning

## **Chronic headaches:**

- No medical reason found
- Painkillers do not help

## **Inexplicable chronic pain:**

- Pain in the body that constantly moves

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## **Paralysis of limbs:**

- No medical reason found
- Waking up with paralysis
- Pain in the joints and muscles

## **Cold hands and feet:**

- Common condition of a low body temperature
- Tingling in hands, legs and feet

## **Gastroenterological problems:**

- Bloating
- Constipation "blockage of the intestine"
- Stomach problems
- Farting frequently "gas which escapes out of the gut"

## **Abnormal skin colour:**

- Grey "not bright in colour"
- Dark circles at the level of the eyes

## **Crying without any reason:**

- Feeling lonely
- Distancing yourself from your environment
- Rapidly agitated "angry, restless, excited feeling"

## **Negligence:**

- Lack of feeling pleasure to live
- Not paying attention to one's appearance

## **Insomnia:**

- Fearful awakening
- Talking while sleeping
- Moaning while sleeping "plaintive expressing physical suffering or sadness"

## **Marriage problems:**

- Marriage proposals are cancelled by one or both parties
- Disliking your partner "husband/wife"

## **Infertility:**

- Pregnancy which may be associated with miscarriages

## **Hair loss**

## **Irregular cycle or heavy bleedings**

## **Always being tired**

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*These are the most recognizable symptoms of possession, which doesn't mean that you are for sure possessed. If you are suffering from a number of signs we advise you to perform **rouqia shar3ia!!!***